

Week on Two Pages 2028



Plain Lab

This book

Week on Two Pages 2028

FORMAT	148 x 210 mm	RULING	lined
PAGES	160	BINDING	20-page signatures

IF FOUND, PLEASE RETURN TO

NAME

PHONE

EMAIL

ADDRESS

REWARD OFFERED

IN AN EMERGENCY, CONTACT

NAME

RELATIONSHIP

PHONE

SECOND CONTACT

THEIR PHONE

THIS BOOK COVERS

FROM

TO

VOLUME

NOTES FOR A FINDER

My details

WHO I AM

NAME _____

DATE OF BIRTH _____

HOME ADDRESS _____ LANGUAGES I SPEAK _____

MEDICAL, FOR WHOEVER FINDS ME

BLOOD TYPE _____ MEDICATION AND DOSE _____

ALLERGIES _____ ORGAN DONOR _____

CONDITIONS _____ LAST TETANUS _____

WHO TO CALL

NEXT OF KIN _____ NEXT OF KIN ABROAD _____

THEIR PHONE _____ THEIR PHONE _____

DOCTOR _____ DOCTOR PHONE _____

PAPERS AND COVER

PASSPORT NO. _____ EMBASSY _____

EXPIRES _____ STAYING AT _____

INSURER _____ POLICY NO. _____

IF MY THINGS ARE LOST OR STOLEN

BANK TO CALL _____ PHONE IMEI _____

CARD ENDING _____ VEHICLE OR PLATE _____

ANYTHING ELSE THEY SHOULD KNOW

Emergency

INDONESIA

112

NATIONAL EMERGENCY LINE

IF YOU CANNOT SPEAK THE LANGUAGE, SAY THESE IN ORDER

1. Where you are. Street, town, any sign you can see.

2. What happened.

3. How many people are hurt.

4. Stay on the line. Do not hang up first.

Australia	000 106 112	Bangladesh	999
Brazil	188 190 192 193	Brunei	991 993 995
Cambodia	117 118 119	Canada	911
Colombia	123	Czech Republic	112 150 155 156
Denmark	112	Egypt	122 123 180
France	112 114 15 17	Germany	110 112
Greece	100 112 166 199	Hong Kong	999
Italy	112 113 115 118	Japan	110 118 119
Kenya	112 999	Laos	190 191 195
Malaysia	999	Mexico	911
Morocco	112 15 177 19	Myanmar	191 192 199
Nepal	100 101 102	New Zealand	111
Norway	110 112 113	Pakistan	1122 15 16
People's Republic of China	110 119 120	Qatar	112 999
Singapore	995 999	South Africa	112
Spain	061 091 112	Sri Lanka	110 119
Sweden	112	Switzerland	112 117 118 140
Thailand	1669 191 199	Timor-Leste	112
United Kingdom	112 999	United States	911
Vietnam	113 114 115		

Verify locally on arrival. Numbers change and a book does not. Every number below is listed by TWO independent sources: Wikidata P2852 (CC0); en.wikipedia List of emergency telephone numbers. 14 countries where the two disagreed are deliberately omitted rather than printed uncertain.

Point at this

POINT AT THE PICTURE. ENGLISH ABOVE, INDONESIAN BELOW.



Help

Tolong



Doctor

Dokter



Hospital

Rumah sakit



Police

Polisi



Pharmacy

Apotek



Water

Air



Food

Makanan



Toilet

Toilet



Money

Uang



Phone

Telepon



Bus

Bus



Train

Kereta



Airport

Bandara



Hotel

Penginapan



Fuel

Bensin



Mechanic

Bengkel



I am lost

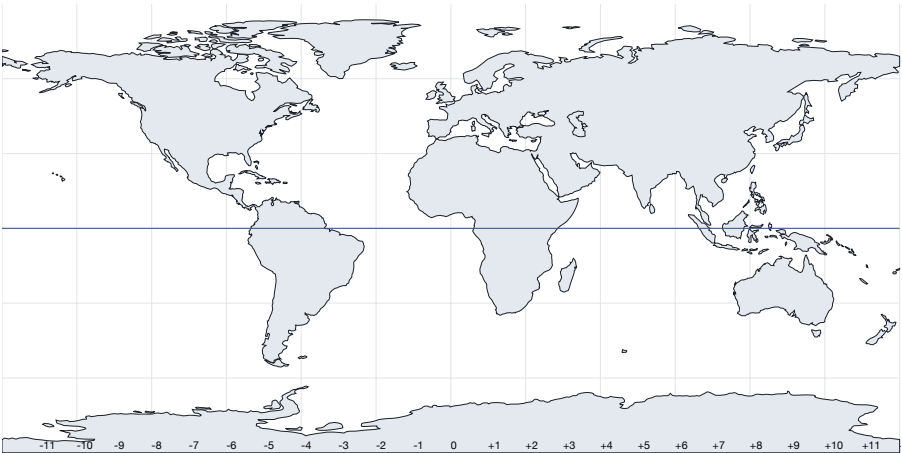
Saya tersesat



I do not speak this

Saya tidak bisa bahasa ini

World



Bold line: equator. Dashed: tropics (23.44°). Figures along the foot: nominal UTC offset for that meridian. Political time zones deviate from it.

WHERE I AM

WHERE I AM GOING

WHO KNOWS WHERE I AM

For orientation and for pointing at. Not a navigation chart. Source: Natural Earth 110m land (ne_110m_land). PUBLIC DOMAIN. Projection: equirectangular (plate carree).

Conversions

LENGTH

1 in = 25.4 mm, exact

MM	IN	FRACTION IN	MM
1	0.039	1/16	1.59
2	0.079	2/16	3.17
3	0.118	4/16	6.35
5	0.197	6/16	9.52
10	0.394	8/16	12.7
20	0.787	10/16	15.88
25	0.984	12/16	19.05
50	1.969	14/16	22.22
100	3.937	16/16	25.4
150	5.906		
200	7.874		
250	9.843		
300	11.811		
500	19.685		
1,000	39.37		

TEMPERATURE

$F = C \times 9/5 + 32$

°C	°F	°C	°F
-20	-4	80	176
-10	14	90	194
0	32	100	212
10	50	110	230
20	68	120	248
30	86	130	266
40	104	140	284
50	122	150	302
60	140	160	320
70	158	170	338
80	176	180	356
90	194	190	374

MASS

1 lb = 0.45359237 kg, exact

KG	LB	G	OZ
1	2.2	10	0.35
2	4.41	20	0.71
3	6.61	30	1.06
5	11.02	50	1.76
10	22.05	100	3.53
20	44.09	200	7.05
25	55.12	250	8.82
50	110.23	500	17.64
75	165.35	750	26.46
100	220.46	1000	35.27

How to use

WHAT IS IN IT, AND WHERE

Year planner	9
Months	10
Weeks	34
Notes	140
Pen test	157

THIS BOOK

Runs	January to December 2028
Week starts	Monday
Ruling	lined
Bound in	signatures of 20 pages

HOW THE DATED PAGES NEST

Year planner	the whole year on one leaf
Quarter	three months, for what has to land by when
Month	the grid, for dates you must not miss
Week	the shape of seven days
Day	the hours, and what actually happened

THE FRONT OF THE BOOK

Your details, who to call, the signs to point at when you have no shared language, and the map. They sit at the front because the moment you need them is not the moment to be flicking through. Fill them in tonight.

BEFORE YOU START

- ☐ Put your name and phone on page 2.
- ☐ Fill in the medical block, even the parts you think are obvious.
- ☐ Write down who knows where you are going.

Year

JANUARY

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

FEBRUARY

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29					

MARCH

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JULY

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUGUST

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER

M	T	W	T	F	S	S
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2028

MON	TUE	WED	FOCUS
27	28	29	
3	4	5	
10	11	12	
17	18	19	
24	25	26	
31	1	2	

January 2028

THU	FRI	SAT	SUN
30	31	1	2
6	7	8	9
13	14	15	16
20	21	22	23
27	28	29	30
3	4	5	6

MUST HAPPEN

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February 2028

MON	TUE	WED	FOCUS
31	1	2	
7	8	9	
14	15	16	
21	22	23	
28	29	1	

February 2028

THU	FRI	SAT	SUN
3	4	5	6
10	11	12	13
17	18	19	20
24	25	26	27
2	3	4	5

MUST HAPPEN

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March 2028

MON	TUE	WED
28	29	1
6	7	8
13	14	15
20	21	22
27	28	29

FOCUS

March 2028

THU	FRI	SAT	SUN
2	3	4	5
9	10	11	12
16	17	18	19
23	24	25	26
30	31	1	2

MUST HAPPEN

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MON	TUE	WED	FOCUS
27	28	29	
3	4	5	
10	11	12	
17	18	19	
24	25	26	

THU	FRI	SAT	SUN
30	31	1	2
6	7	8	9
13	14	15	16
20	21	22	23
27	28	29	30

MUST HAPPEN

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MON	TUE	WED	FOCUS
1	2	3	
8	9	10	
15	16	17	
22	23	24	
29	30	31	

THU	FRI	SAT	SUN
4	5	6	7
11	12	13	14
18	19	20	21
25	26	27	28
1	2	3	4

MUST HAPPEN

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MON	TUE	WED	FOCUS
29	30	31	
5	6	7	
12	13	14	
19	20	21	
26	27	28	

THU	FRI	SAT	SUN
1	2	3	4
8	9	10	11
15	16	17	18
22	23	24	25
29	30	1	2

MUST HAPPEN

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MON	TUE	WED	FOCUS
26	27	28	
3	4	5	
10	11	12	
17	18	19	
24	25	26	
31	1	2	

THU	FRI	SAT	SUN
29	30	1	2
6	7	8	9
13	14	15	16
20	21	22	23
27	28	29	30
3	4	5	6

MUST HAPPEN

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August 2028

MON	TUE	WED	FOCUS
31	1	2	
7	8	9	
14	15	16	
21	22	23	
28	29	30	

August 2028

THU	FRI	SAT	SUN
3	4	5	6
10	11	12	13
17	18	19	20
24	25	26	27
31	1	2	3

MUST HAPPEN

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September 2028

MON	TUE	WED	FOCUS
28	29	30	
4	5	6	
11	12	13	
18	19	20	
25	26	27	

September 2028

THU	FRI	SAT	SUN
31	1	2	3
7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	1

MUST HAPPEN

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October 2028

MON	TUE	WED	FOCUS
25	26	27	
2	3	4	
9	10	11	
16	17	18	
23	24	25	
30	31	1	

October 2028

THU	FRI	SAT	SUN
28	29	30	1
5	6	7	8
12	13	14	15
19	20	21	22
26	27	28	29
2	3	4	5

MUST HAPPEN

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November 2028

MON	TUE	WED	FOCUS
30	31	1	
6	7	8	
13	14	15	
20	21	22	
27	28	29	

November 2028

THU	FRI	SAT	SUN
2	3	4	5
9	10	11	12
16	17	18	19
23	24	25	26
30	1	2	3

MUST HAPPEN

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December 2028

MON	TUE	WED	FOCUS
27	28	29	
4	5	6	
11	12	13	
18	19	20	
25	26	27	

December 2028

THU	FRI	SAT	SUN
30	1	2	3
7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	31

MUST HAPPEN

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MON 11

TUE 12

WED 13

THIS WEEK

THU 14

FRI 15

SAT 16

SUN 17

CARRY OVER

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MON 18

TUE 19

WED 20

THIS WEEK

THU 21

FRI 22

SAT 23

SUN 24

CARRY OVER

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MON 25

TUE 26

WED 27

THIS WEEK

THU 28

FRI 29

SAT 30

SUN 31

CARRY OVER

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NOTES

17 PAGES, 141 TO 157

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